



Discussion Questions for January 5th / January 6th

KICKING IT OFF: What was your biggest personal change from January to December of 2018?

MEMORY VERSE: How long will you love what is worthless and aim at deception?

Psalm 4:2 NASB

DISCUSSION QUESTIONS

1. Pastor Chuck shared with us how gophers run towards what drive them crazy! Why do we as humans tend to run to things that are hurtful and lead us to experience pain?
2. Read Psalm 4:2. We are in debt to things that are losing value & becoming worthless. Why do people fall into the trap of wanting "things" to make them happy?
3. Read 2 Corinthians 10:3-6. In order to be free from the "If I only had...." trap we must begin to change our thinking. What does it look like to take every thought captive?
4. Steven Furtick says, "The reason we struggle with insecurity is because we compare our behind the scenes with everyone's highlight reel." Why is comparison so detrimental to our well-being?
5. Read Exodus 20:17. Why does comparison fuel coveting?
6. Read Philippians 4:11-13. How do we overcome the issue of comparison and coveting according to this scripture? What are some examples of what this looks like in our lives?

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This week read Romans 12:2 every day and meditate on it. Pastor Chuck taught us that many of us have a cognitive distortion that is holding us back from seeing transformation happen in our lives and live a better life. Pray to God and ask Him to show you any lies that you are believing. After He brings something to mind, ask God to remove this lie and replace it with His truth.