

**crossroads**

**LIFE GROUPS**

Discussion Questions for March 27<sup>th</sup> / March 30<sup>th</sup> / March 31<sup>st</sup>

**KICKING IT OFF:** Would you rather....“See the future or change the past?”  
“Always be cold or always be hot?” “Be the most popular person or the smartest person?”

**MEMORY VERSE:** “The heart *is* deceitful above all *things*, And desperately wicked; Who can know it?”

Jeremiah 17:9 (NKJV)

**DISCUSSION QUESTIONS**

1. Why is hope so vital for us to be healthy emotionally? What happens when we don't have hope in our lives?
2. Why is an anchor a great symbol of hope? What are some examples of positive and negative things that people put their hope in?
3. What are some issues that arise when people function under learned helplessness?
4. Read Jeremiah 17:5-6. What do we learn about individuals that don't have hope in their lives from these verses?
5. Read Jeremiah 17:7-8. What do we learn about people that have hope from these verses?
6. Read Romans 5:1-5. Why is Jesus the ultimate hope?
7. Read Proverbs 10:28. What is the result of hope? Why is this important?
8. Read Psalm 130:5-8. What do these verses teach us about hope?

## LIVE "LIFE" NOW:

Love Like Jesus Loves • Intentional Intimacy • Fully Surrendered • Experience More

Hope is an expectation of the good that is going to come! God wants us to be anchored in His promises and Love. This week take some time to search your heart and figure out what you are putting your hope in. Is your hope rooted in love or selfishness? Is it anchored on the temporary or eternal?

Ask the Lord to open your eyes and ears through the Holy Spirit to reveal to you a blind spot that you may have overlooked in your life when it comes to the emotion of hope. Then ask and pray to the Lord to help bring healing in this area.