

**crossroads**  
**LIFE GROUPS**

**Breaking Bad Habits**  
**Week 3**  
Discussion Questions  
**July 19th, 2020**

**MEMORY VERSE FOR THE MONTH OF JULY:** “Finally, be strong in the Lord and in the strength of His might. Put on the full armor of God, so that you will be able to stand firm against the schemes of the devil. For our struggle is not against flesh and blood, but against the rulers, against the powers, against the world forces of this darkness, against the spiritual forces of wickedness in the heavenly places.”

Ephesians 6:10-12

**DISCUSSION QUESTIONS:**

1. Share with the group: What has taken you the longest to get good or decent at?
2. Share with the group: What is something that God taught you or is teaching you during your personal Bible reading time?
3. What was the main lesson you learned from Pastor Chuck’s message this week?
4. The past few weeks we have been looking at “strongholds” in our personal lives. Let’s read Matthew 12:43-45. What happens when we don’t replace the “strongholds” in our lives with three “Altars to God?”
5. Last week, we learned that the first “Altar to God” is Joy. This week we learned that the second “Altar” is Kindness. Let’s read Ruth 3:10-11. What does God teach us about kindness in the story of Ruth?
6. Pastor Chuck taught us that kindness is a predictor of health. Do you agree with this statement? Why or why not?

7. We also learned this week that Kindness makes others want to be around us! Let's look at Proverbs 3:3-4. What do these scriptures teach us about kindness?

8. Let's look at Colossians 3:12-13. What does this scripture tell us to do?

LIVE "ITEL" NOW:

Intentional Intimacy • Total Surrender • Experience More • Love Like Jesus

9. Pastor Chuck challenged us this week to:

- Be intentionally Kind every day.
- Write down and meditate on the kind things you did or that were done to you at least one time this week.
- Read Psalm 136 and think on God's lovingkindness.