



One-Year-Old

YOU HAVE APPROXIMATELY 884 WEEKS AND COUNTING

THIS YEAR YOU WILL INCITE WONDER SO YOUR CHILD WILL KNOW GOD'S LOVE AND MEET GOD'S FAMILY.

Your one-year-old listens to your words. So this phase is the perfect time to begin talking, singing, and praying together with your toddler. Begin by simply incorporating faith into your daily routines.

Your toddler's changing ability is a crisis -- for you, and for them. This is a season filled with uncertainty, imperfection, and even failure as they struggle to keep up with all their newly developing skills. The way you consistently meet their needs, engage their senses, and provide discipline will help them develop confidence.

SAY THINGS LIKE...

- "God made me. God loves me. Jesus wants to be my friend forever."
- "Let's go to church." (Connect with a faith community.)
- "Jesus loves me." (Sing songs together.)
- "God, thank you for...God, please help us." (Pray aloud while you are with your one-year-old.)



CONNECTION POINT: MORNING TIME

Set the mood for the day. Smile. Greet them with words of love.



CONNECTION POINT: DRIVE TIME

Reinforce simple ideas. Talk to your toddler and play music as you go.



CONNECTION POINT: CUDDLE TIME

Be personal. Spend one-on-one time that communicates love and affection.



CONNECTION POINT: BATH TIME

Wind down together. Provide comfort as the day draws to a close.

**THINKS LIKE
AN ARTIST**

You help them learn when you...
ENGAGE THEIR SENSES

**WANTS TO KNOW,
"AM I ABLE?"**

You capture their heart when you...
DEVELOP THEIR CONFIDENCE

**IS MOTIVATED
BY SAFETY**

You coach their moral abilities when you...
RESPOND CONSISTENTLY

YOUR ONE-YEAR-OLD IS CHANGING...

THE PHASE WHEN NOBODY'S ON TIME, EVERYTHING'S A MESS, AND ONE EAGER TODDLER WILL INSIST, "I CAN DO IT."

PHYSICALLY

- Starts to walk (12-15 months).
- Walks backwards and sideways (15-18 months).
- Scribbles with crayons (15-18 months).
- Climbs up and down stairs; jumps in place (18-24 months.)

SOCIALLY

- Points to objects when you name them (18 months).
- Says 10-20 words, mostly nouns and pronouns (18 months).
- Says 40-50 words and forms two word sentences (24 months).
- Understands more than they can communicate.

MENTALLY

- Follows simple instructions.
- Benefits from repetition.
- Learns through engaging their five senses.

EMOTIONALLY

- Recognizes basic emotions in others.
- Has trouble sharing.
- May begin role-play activities.
- Displays separation anxiety.
- Plays next to, rather than with, playmates.