



**Why “Self-Help” Strategies Won’t Help You
Refuel On Empty
Pastor Noe Baragan
Discussion Questions
July 18, 2021**

MEMORY VERSE FOR THE MONTH OF JULY: “He restores my soul; He guides me in the paths of righteousness For His name’s sake.” Psalm 23:3

DISCUSSION QUESTIONS

1. Ice Breaker Question: What is the best piece of advice you’ve ever been given?
2. We ask this each week to encourage you to be in God’s Word Daily. His Word is called our Daily Bread. Share with the group: What is something that God taught you, or is teaching you, during your personal Bible reading time? If you haven’t started yet, what’s keeping you?
3. What was your main take-away from Pastor Noe’s message this week?
4. In times of distress, suffering, anguish, or pain where, who or what do you go to fix the problem? Read Mark 5:6-7. Where did Legion run? What did he ask for?
5. Read Mark 5:18-20. What does Jesus want us to do with what he has done for us? Why?
6. Read Mark 5:25-29. Why do you think a Miracle happen for this woman? Have you ever moved into action because you took God at his Word? Share with the group.
7. Mark 5:37-40. Have you ever been afraid that people would judge you or laugh at you because of your faith? What did you do?
8. Read Mark 5:38-40. What does Jesus do with those who laugh at Him? Who would you rather please a group of people or Jesus? What if the group of people were your co-workers, friends or family?