



January 23
Seven Deadly Sins: Lust

Acts 26:17–18 (NLT)

... Yes, I am sending you to the Gentiles 18 to open their eyes, so they may turn from darkness to light and from the power of Satan to God. Then they will receive forgiveness for their sins and be given a place among God's people, who are set apart by faith in me.

Ice Breaker Question: The lust of the EYES can be defined as *intently looking at things with a desire of having it*. When it comes to social media, discuss with your life group if and how Instagram, Facebook or TikTok can cause you to lust?

1. Read 1 John 2:15 & 16 What is John telling us? What are some of the things of this world that can be used against you?
2. Temptation is not a sin, acting on that temptation is sinning. Can you recognize the fact you are being tempted? Read 1 Thessalonians 4:3-5 Why are we being called to abstain from certain things of this world?
3. Looking at Genesis 2:24-25 What does "oneness" mean to you? What is true about shame? What does John 10:10 say God wants for you? How can you encourage your sisters and brothers in Christ who are dating not to fall into temptation?

Putting it into action: This week, encourage one another in our times of weakness. God's Blessings Always according to His will. Send a few friends the message from this week. <https://youtu.be/R4R7eeTgA6Q>.