



January 30, 2022
Seven Deadly Sins: Gluttony
Discussions Questions

MEMORY VERSE:

Now godliness combined with contentment brings great profit. For we have brought nothing into this world and so we cannot take a single thing out either. But if we have food and shelter, we will be satisfied with that. 1 Timothy 6:6-8 (NET)

Kicking it Off - We learned from the sermon that gluttony means so much more than just overindulging in food. What is it that you just can't seem to get enough of? Shoes, tools, clothes, electronics, chocolate?

1. Read Philippians 3:18–21. What does Paul mean in verse 19 when he says “their god is their stomach and their glory is in their shame? What is their mind on? If we live this way, who is it that we are imitating (verse 18)? How would that affect our testimony to others? Where should our focus be?
2. Read Proverbs 25:16. What do you suppose is the deeper meaning of this verse? If we are constantly looking for “More, More, More” what (or who) are we overlooking? (Hint: Think beyond the “Sunday School Answer” of Jesus.)
3. Read 2 Peter 1:3–8 (NIV). Peter begins by telling us that we have everything we need as the result of God’s power. What great and precious things have we been given? What does Peter say is the cause of corruption in the world? What does he tell us to add to our faith? What will happen if we do?

Putting It into Action - If we are guilty of the sin of gluttony, we are also guilty of the sin of pride because when we live in excess and overindulgence, we are putting ourselves and our insatiable desires above others. What radical changes do you need to make to keep yourself from the sins of gluttony and pride? What ways can you pour into others rather than pouring into yourself? Ask God to help you to keep the right focus.