

crossroads

**LIFE GROUPS**

**Seven Deadly Sins: Sloth**

February 13, 2022

**Memory Verse:**

**“One who is faithful in a very little is also faithful in much, and one who is dishonest in a very little is also dishonest in much.”**

**Ice Breaker Discussion:** We at times think we are running towards God. We are running away from God by occupying our time with meaningless things to distract ourselves from what God is telling us to do. Discuss with your Life Group some of the ways you can combat slothfulness.

1. In Matthew 25:25-30 describes what will happen to the “lazy person” who chooses to do nothing with the things God entrusted him with. How can this relate to today’s spectator Christian? Do you know someone who only chooses to just sit quietly in the pews every Sunday and not put themselves in the field of play? Discuss with your Life Group some things that God has entrusted you with.
2. True laziness and being physically tired are two different things. One says I am not tired but I do not feel like doing anything. The other says my body is physically exhausted; gassed out and need a recharging. How can we encourage our brothers and sisters away from being slothful when they just do not feel like doing God’s work? How can you help to recharge when you’re feeling worn out?
3. Facebook, Instagram, Tik-Tok or binge-watching shows is fun but if you are not careful, it sows the seed of idleness. One simply does not watch 30 or 40 minutes a day but it consumes one from their waking moment to the time they go back to bed. In this idleness come forth the slothfulness of a person. What can you personally do to hold yourself accountable when you find these things are occupying too much of your time?

**Call to Action:** This week when you find yourself going down a repetitive path to the Seven Deadly Sin of Slothfulness, being lazy, call a brother and sister in Christ to help encourage and pray for you in this area.