

Opening: The name YHWH Rapha is The Lord who heals. Knowing that it is the Lord that heals, restores, refreshes, and rebuilds, discuss with your Life Group an uplifting testimony when the Lord healed what you prayed for.

1. Reading 2 Corinthians 7:6-7 (NASB) it is who God comforts the depressed but most of the time people who never been depressed cannot understand the ailments of depression simply because there is no physical wound in which they can see. What ways can you convey to your brothers and sisters in Christ with encouragement that it is YHWH Rapha that heals without pushing them away or making them feel belittled because of their depression?
2. Scripture Search: Growing up during our time of pain we called out to our mothers when we experienced pain. As we got older our call outs went from mothers to our doctors. And even now we substituted our doctors to what "googles says" about our pain. What practical ways or key scriptures can we use biblically when we call out to our YHWH Rapha as a reminder that it is He who is our healer?
3. Looking at Matthew 9:27-30 our Messiah said in response to healing blind men in verse 29, "It shall be done according to your faith". When a new believer in Christ come across this verse and prays for their personal healing but does not get a healing like the blind men, what can you say or do to keep them encouraged to keep walking in the faith of Jesus Christ?

Call to Action: This week Remember it is God who wants to be known to us as YHWH Rapha, So call out to Him when your are sick, in a bad place, hurting or wounded, struggling mentally and when your soul is not filled with LOVE and LIFE. May God Always Bless you and keep you safe.