



March 15, 2022

Winning at Relationships: Marriage

Pastor Chuck

Discussions Questions

Memory Verse: Ephesians 5:21 (NLT) 21 And further, submit to one another out of reverence for Christ.

Opener: Have you ever taken a personality test like the Meyers Briggs Test or something similar? Do you remember how the results described your personality? If you have not taken this test or something similar, do you have a close friend or spouse that is the opposite of you to who you are drawn? Why do you think that is?

1. Read Psalm 61. Relationships can be overwhelming whether we are single, dating, or married. The definition of overwhelming is to be buried under a huge mass of something. Where do you find relief or “shelter” when overwhelmed by a relationship? Do you cry out to God or look to other things? In the Psalm, David is crying out to God amid being overwhelmed. Have you ever believed the lie that “you are too overwhelmed to cry out to God?”

2. Pastor Chuck talked about the attitude of mutual submission between a husband and a wife and how it comes from loving the Lord first. Reflect on your relationship with Jesus and how your love for him affects your marriage and desire to submit to each other.

3. There were four A’s discussed to help us win our marriages: Attention, Acceptance, Appreciation, and Affection. Which of these four A’s is the most challenging for you to express in your relationship/marriage?

Call to Action: Pick one of the four A’s to focus on this week and find ways to implement the A in your marriage/relationship. Reflect on how your marriage/relationship changes after implementing the A.