

## Oct 12, 2022 The Lord's Prayer:

"Forgive us our sins as we forgive those who sin against us."

**Memory Verse:** 1 Corinthians 4:20 (NLT) For the Kingdom of God is not just a lot of talk; it is living by God's power.

Opener: Do you remember the first time you heard The Lord's Prayer? How old were you? What did you think about it? Have you memorized it? What is your favorite line? What's the most confusing line, why?

- 1. In this message Pastor Chuck shared about an atheist who had a near death experience while he was scuba diving. He wanted to pray but didn't know how. He heard Jesus lead him through the Lord's prayer. He got to the line about forgiveness and understood quickly that he would not be forgiven unless he forgave others. Discuss that for a moment. Did you know that you cannot be forgiven unless you forgive those who have wronged you? How do you think this will impact your prayer life? Is this something you have always known? Why do you think God asks this of us?
- 2. When we forgive others, it does not mean we are saying what they did is ok, forgotten, or will not require boundaries. When we forgive then that person/event no longer has power in our lives, doesn't dictate how we live, doesn't keep us in bondage. Have you ever forgiven someone in a big way? How did you feel? Do you have a sense of freedom you wouldn't have experienced otherwise? What do you think about the fact that unforgiveness effects our health negatively?
- 3. We are to forgive as Christ has forgiven us (Eph 4:32) and God does forgive us completely (1 John 1:8-9). In believing this, we need to also forgive ourselves. How does it feel to know that everything we have ever done or are going to do has already been forgiven? What does this do to your perspective of forgiveness? Not only forgiven but forgotten. How might this impact your worship and praise life?

Action Step: Recite the Lord's prayer as a group. This week, make a list of people you have had a hard time forgiving and pray intentionally this week for God to move in your heart so you can forgive them.