

Because of Christ I am not ashamed

Pastor Chuck talked about shame and how it makes us feel terrible about ourselves. Jesus can wipe away shame and free people from it. We never commit a sin that surprises God. God wants us to feel convicted and confess our sins; however, He does not want us to feel shame.

GETTING TO KNOW YOU

- 1) What is one thing about you that may surprise the group?
- 2) What question do you wish people would ask you?

SERMON NOTES REVIEW (*This section never changes*)

Looking back at your sermon notes from this weekend's teaching, was there anything said that caught your attention, challenged you or confused you?

DIGGING DEEPER

- 1) What is the difference between Shame and Guilt?
- 2) Have you ever had a situation in your life where you have felt shame and can't seem to let it go? How did Sunday's message help you or give you hope?
- 3) Read John 8: 1-11 – What truth does the bible teach us in this passage? Has there ever been a time when you may have judged or condemned others? How does this passage help you to love others?

TAKING IT HOME

- 1) Read Mark 5:21-34 – How does this passage resonate with you? What truth does it speak into your hearts? What are you willing to sacrifice to give up for Jesus just to be close to Him as the woman did in these verses?

PRAYER TIME

Give a guided prayer instruction to tie it all together. Be mindful of the time it would take larger groups to get through the prayer exercise. It can be simple.

ACTION STEPS

- 1) Think about where you are at with your walk with God. What step can you take this week to grow closer to Him?