

Group Notes

Unstuck † “Authenticity” (*true to the original.*)

GETTING TO KNOW YOU

God created us for a relationship with him first and then with each other. Both relationships require vulnerability and authenticity, which makes most of us uncomfortable. Since sin entered the world, we have been stuck hiding in our comfort zone, but God has given us the instructions to get unstuck.

Ice Breaker – Do you typically follow your heart, your mind?

SERMON NOTES REVIEW

Looking back at your sermon notes from this weekend's teaching, was there anything Craig said that caught your attention, challenged, or confused you?

DIGGING DEEPER

1. Being self-guided often leads to being misguided. So first, read Proverbs 28:26 (NLT) and Jeremiah 17:9 (NLT). Then share a situation where your heart or mind led you in the wrong direction.
2. Read Genesis 3:7-11 (NLT) - The best place to start a journey to authenticity is by being honest with God. In his book [Where Prayer Becomes Real](#), Kyle Strobel said, *“Prayer is not a place to be good, it is a place to be honest. Prayer is not a place to perform, it is a place to be present. Prayer is not a place to be right, it is a place to be known. Prayer is not a place to prove your worth, it is a place to receive worth and offer yourself in truth.”* How can authentic prayer get you unstuck?
3. Which one of these do you most identify with:
 - a) People pleaser
 - b) Comparison
 - c) Rule Follower
 - d) Perfectionist
 - e) Workaholic
4. John 3:30 (NLT) He must become greater and greater, and I must become less and less. How does being less like us make us more authentic?
5. In Matthew 26:36-44 (NLT), Jesus shows us authenticity in action; how does this verse encourage you to be more vulnerable with God and your other relationships?

TAKING IT HOME

Commit to GROW this week. Then use the checklist below to explore the perfect comfort, reliability, and peace

that only God can supply.

- ☐ **G**et in God's Word - 1 Corinthians 2:1-5 (NLT), (Galatians 4:9), (Ephesians 3:19), Psalm 25:5 & John 8:32
- ☐ **R**ecieve Instruction – The next House of Study session is open for enrollment and begins April 16th.
- ☐ **O**bey from the heart -
- ☐ **W**orship with Passion – First Wed. this week, March 1st at 6:30 pm.

PRAYER TIME

As you close in prayer, thank God for being our refuge, for loving us where we are, the real us. Our prayer is that we become less like us and more like Jesus. So that in our weakness, His glory and grace are evident to a hurting world.

ACTION ITEMS

- This week, take some devotional time to be real with God, reveal your weaknesses, doubts, and struggles, and trust Him to take brokenness and make it whole, helping us become who we were created to be. And as we become known and loved by God, we become better prepared to be real with one another.