

Group Discussion Questions

UNSTUCK | Week 9 “Assistance and Accountability”

One of the reasons many people become stuck or remain stuck is because they think that they have no purpose. Another reason is that they have no one in their life who can keep them on track when the going gets rough. We saw in this week’s sermon that we can become unstuck by asking for and offering assistance to others and that by holding one another accountable. God’s Word shows us that when we develop the kinds of relationships that foster assistance and accountability, we and those we are in relationship with can become unstuck.

GETTING TO KNOW YOU

1. Did you ever try to make a dish and mix up the ingredients (salt for sugar) or the measurements (2 cups instead of ½ cup)? Did you ever try to put together a piece of furniture or kid’s toy and have pieces left over?
2. There seems to be a trend for baseball players to have a “walk-up song” that is played when batters come to the plate or pitchers enter the game. What would be your “walk-up song?”

SERMON NOTES REVIEW

Looking back at your sermon notes from this weekend’s teaching, was there anything said that caught your attention, challenged you or confused you?

DIGGING DEEPER

1. Read Philippians 2:1–4. What does it mean to be like-minded? Having the same love? Being one in spirit and purpose? Why are these goals important and how can we achieve them?
2. Read Ecclesiastes 4:9–12. What are some jobs where two heads are better than one? Who is the third strand in the cord in Verse 12? Is it easier for you to ask for help or to offer help?
3. Read Hebrews 10:24–25. What does it mean to “stimulate one another on toward love and good deeds? Why is it important for us to physically meet together? According to Verse 25, why is this even more important in the last days?
4. Read Ezekiel 33:1–9. Does this arrangement involving Ezekiel as a spiritual “watchman” seem fair? How do we function as watchmen within the body of Christ followers?
5. Read Matthew 18:15–17. Why is it important to go privately to the one who has sinned against you? What is the goal in holding the other person accountable?

PRAYER TIME

Close your group in prayer. Thank him for the like-minded friends in your group. Ask God to help all of the members to grow in unity by offering assistance and accountability for one another.

TAKING IT HOME AND PUTTING IT INTO ACTION

- Sometimes during the 40 day fast things become hard and we feel stuck. Often it is hard to refrain for the thing you are fasting from. Other times you may become discouraged about the waiting for the “for something” and/or the “for someone.” Make a plan to get a trusted friend who can partner with you so that you can encourage and keep one another accountable during the fast.
- Hopefully you are either already plugged into a ministry or you signed up on Draft Day. Make an intentional plan to lean into this serving opportunity. Also look for opportunity this week to intentionally help someone out—offer to run an errand, do a chore that another family member usually does, offer to babysit the kids so a couple in your group can go on a date night. Be creative and have fun with it!